



# Carob Fudge

## (Raw) Carob Fudge

from **Cooking with Love and Wheat Germ** by Jane Kinderlehrer

Adaptation options by me, Tangerine Meg!

**1/4 cup butter** or coconut oil/coconut butter (if you're off dairy)

**1/4 cup honey** or rice malt syrup (if you're not having honey)

**1 Tablespoon vanilla**

*Cream above ingredients together and add:*

**1/3 cup carob powder** - great if you don't want to intake caffeine or you can use cacao powder

**1/3 cup soy milk powder** or almond meal or LSA; powdered dairy milk is a yummy option if you eat dairy

**1/3 cup arrowroot** or protein powder or rice polish

Mix all ingredients well and form into balls, pressing a half nut meat into each ball. This must be kept refrigerated to hold the shape because of the first ingredient

Makes about 18

